



SACRED WEALTH
COACH

WEALTH REATTUNEMENT

Journal



THIS JOURNAL
BELONGS TO:



SACRED WEALTH
COACH

WELCOME

Welcome to this point of your multidimensional journey, cosmic soul! The world is blessed by your radiance in this world. You are here to reattune to your true wealth, and this is a sacred space of remembering your multidimensional vastness that I co-create with you.

I stand with you in your intention to achieve extraordinary results as you embrace your magic through receiving your wealth more deeply. I stand with you in your intention to embrace your true wealth within and without. I see You, radiant soul, powerful creator of all that you need to experience in this life. To your joyous realignment to your wealth!

*Many blessings,
Olive*

YOUR SACRED WEALTH COACH



MEDITATION SCRIPT

Take a deep breath and close your eyes. Inhale fully, feeling your chest expand, and exhale slowly, letting go of any tension. With each breath, allow your body to relax deeper, feeling the ground beneath you fully supporting your weight. Your mind begins to quiet, softening into this moment.

Now, bring your awareness to your upper torso, to the thymus gland, just below your collarbone. Here, visualize a glowing golden ball of light—your inner sun. This radiant light is warm, vibrant, and alive with your soul's essence. Feel its gentle warmth pulsing in your chest.

With each breath, expand the light of your inner sun. Let it grow, spreading its golden glow throughout your entire body. Feel it saturate every cell, every muscle, every bone, from the crown of your head to the tips of your toes. Your body is now bathed in this radiant golden light, vibrant and alive.

This golden light begins to move with intention, flowing into your organs, chakras, cartilage, and fascia. See it gently dissolving any ancestral or genetic programming that blocks wealth, abundance, and prosperity. Feel the light clearing away heavy, outdated patterns—any resistance, fear, or unworthiness passed down through generations. As these blocks dissolve, your energy feels lighter, freer, and more aligned with your inherent worthiness.

Now, direct the golden light to open your energetic and physical pathways. See it carving clear channels through your body and energy field, creating space for abundance and recognition to flow to you with grace. Feel these pathways expanding, allowing love, money, support, and praise to enter effortlessly. Your soul is now aligned with your divine right to receive, fully open to the flow of prosperity.

As the golden light continues to work, it recalibrates your energy to resonate with the frequency of true wealth and prosperity. Feel your vibration shift, aligning with the energy of abundance. Any resistance to receiving love, money, or support softens and melts away in the warmth of this light. You are now a magnet for all forms of wealth, fully attuned to its flow.

The golden light now moves deeper, into your neural networks. See it rewiring limiting beliefs and patterns that have hindered your ability to receive.

MEDITATION SCRIPT

Old thoughts of scarcity, doubt, or unworthiness dissolve as the light anchors new pathways—pathways of ease, visibility, and abundant flow. Your mind and body are now aligned with the truth of your worthiness, ready to receive all you desire.

Say silently or aloud:

"I am worthy of receiving all that I desire, without hesitation or resistance."

Now, picture the abundance you're ready to receive—love, money, praise, or support. See it as a bright, magnetic light, drawn to the golden glow of your inner sun. Feel it entering your life, your heart, your energy field. Let this abundance wrap around you, filling you with warmth, safety, and expansion. Notice any tension in your chest, throat, or belly. Breathe the golden light into those areas, softening and releasing any remaining resistance.

Say to yourself with full conviction:

"I welcome all forms of abundance, support, and love into my life. I am open, I am ready, and I am worthy."

Visualize yourself standing in the flow of this abundance, arms open, heart wide, receiving without guilt, fear, or shame. Feel the golden light anchoring this new state of being into every cell, calming your nervous system, opening your heart, and expanding your energy.

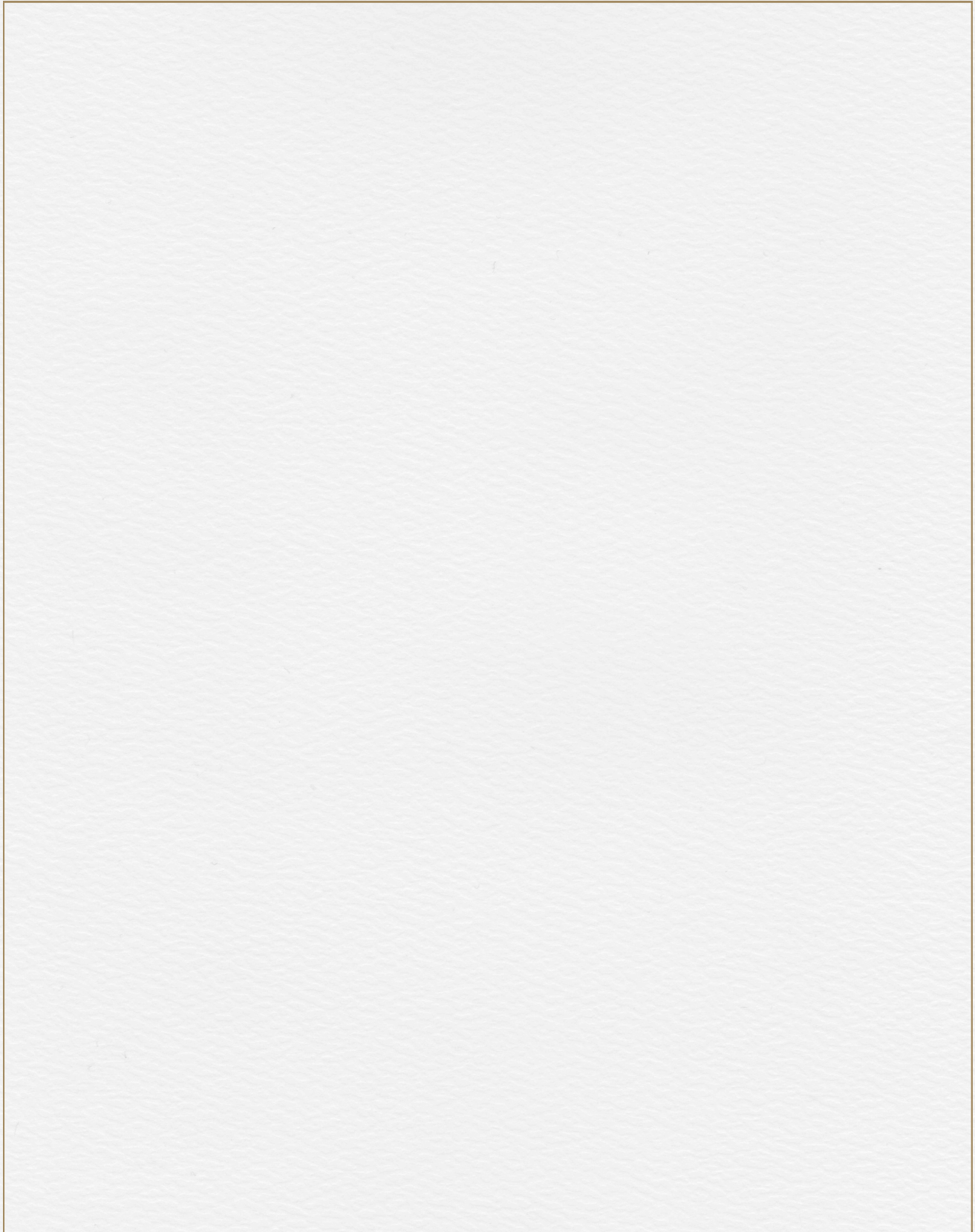
Now, as the golden light of your inner sun radiates brightly, it begins to refresh and reboot your personal holograms of reality. See this light extending beyond your body, reaching across all timelines, realities, dimensions, and densities. It resets the energetic blueprint for this self and all selves in all universes, aligning them with abundance, worthiness, and ease. Feel this reboot as a wave of clarity and renewal, harmonizing every aspect of your existence with your highest potential.

Take a deep breath, feeling this new alignment settle into your being. You are safe to receive more, just as you are. You no longer need to block your blessings or hide from praise, love, or abundance. You are fully aligned to receive all that is yours.

As you prepare to return to the present moment, take one final deep breath. Inhale the golden light of your inner sun, and exhale fully, bringing your awareness back into the room. When you're ready, gently open your eyes, carrying this radiant reattunement with you.

MEDITATION NOTES

DATE :

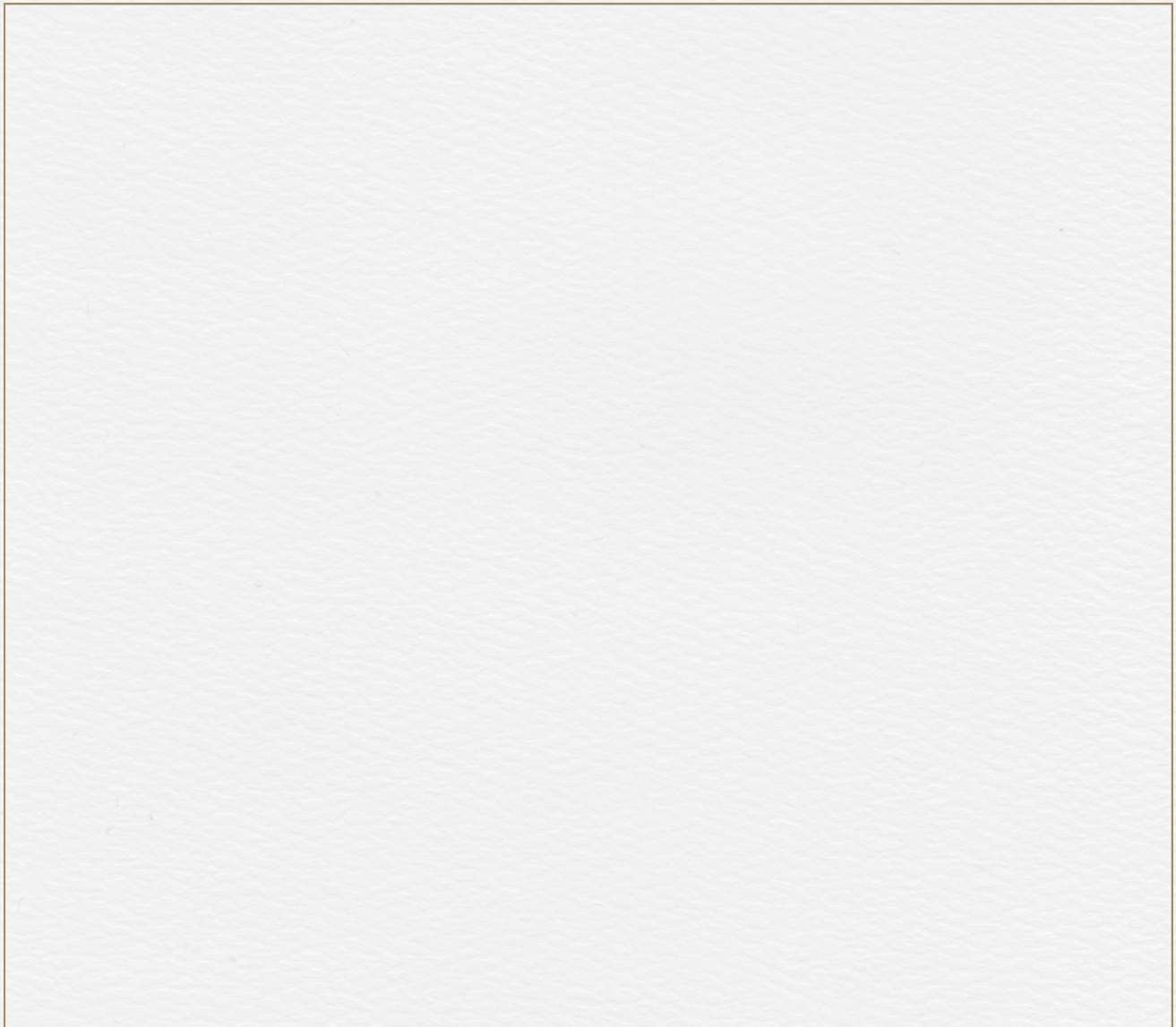
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SELF REFLECTION

DATE :

RESISTANCE

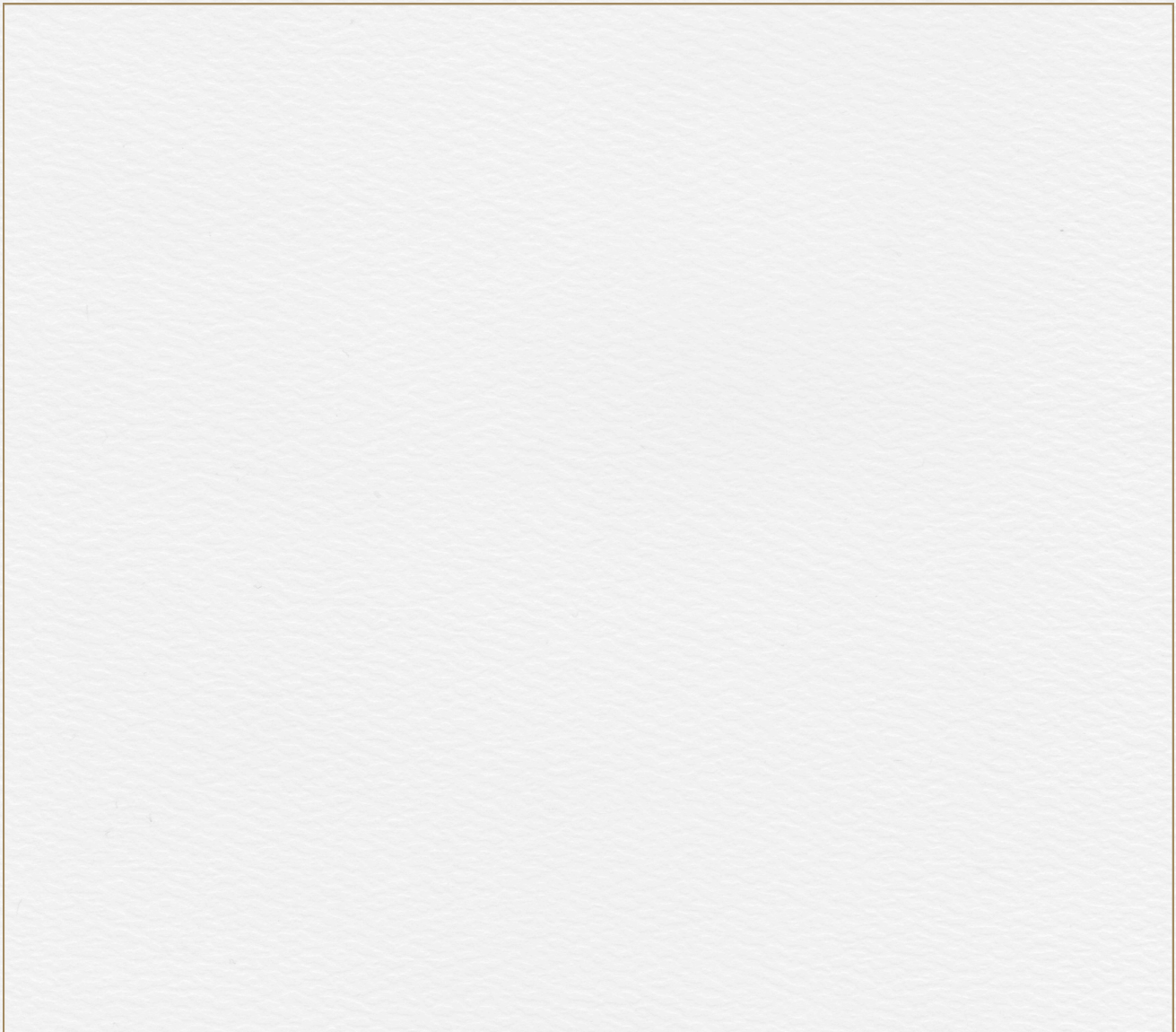
What part of you resisted receiving the abundance you visualized? (Was it your mind, your body, or your energy?)

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SELF REFLECTION

BELIEFS

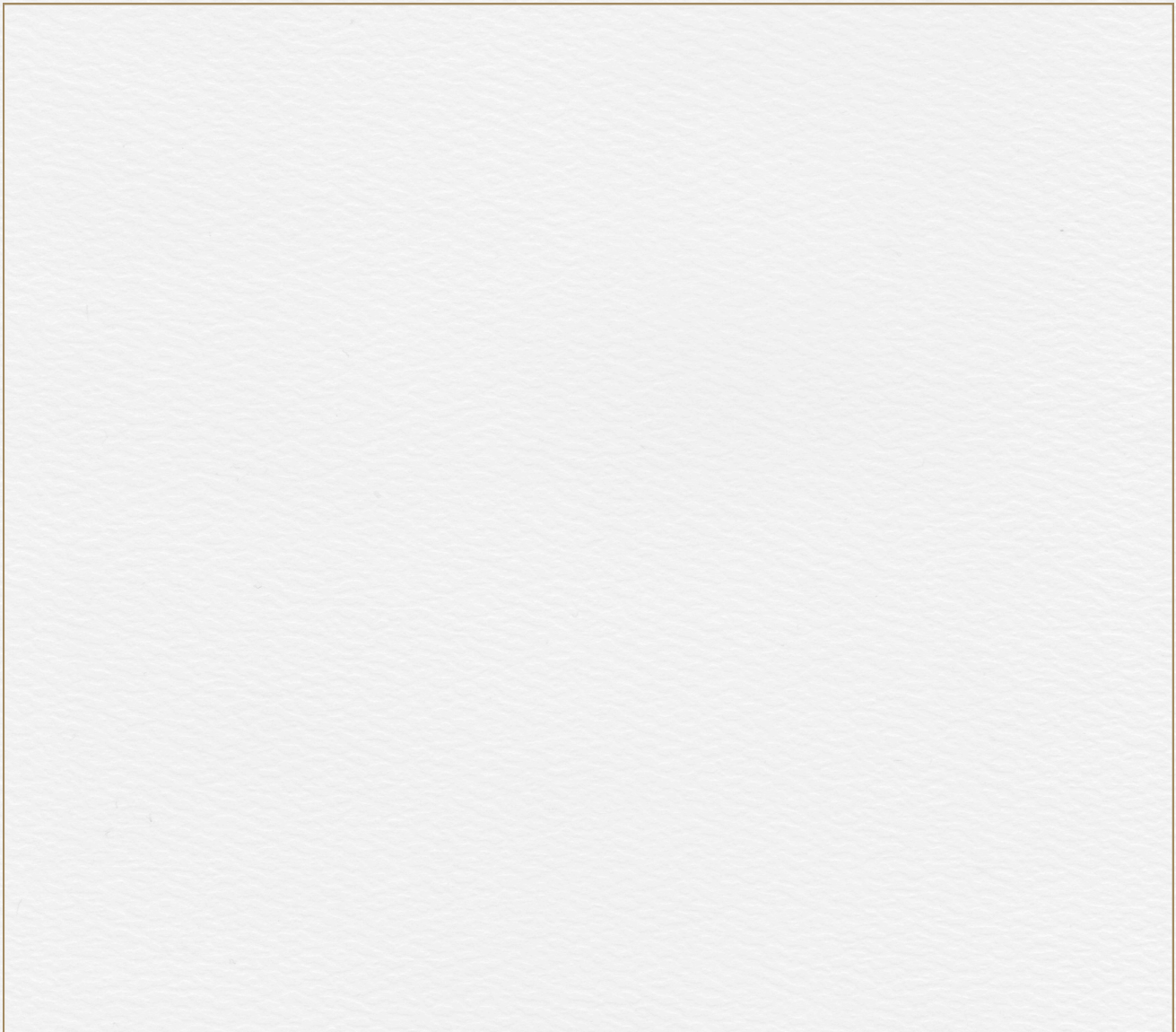
What beliefs came up that made receiving difficult?

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SELF REFLECTION

REFRAME

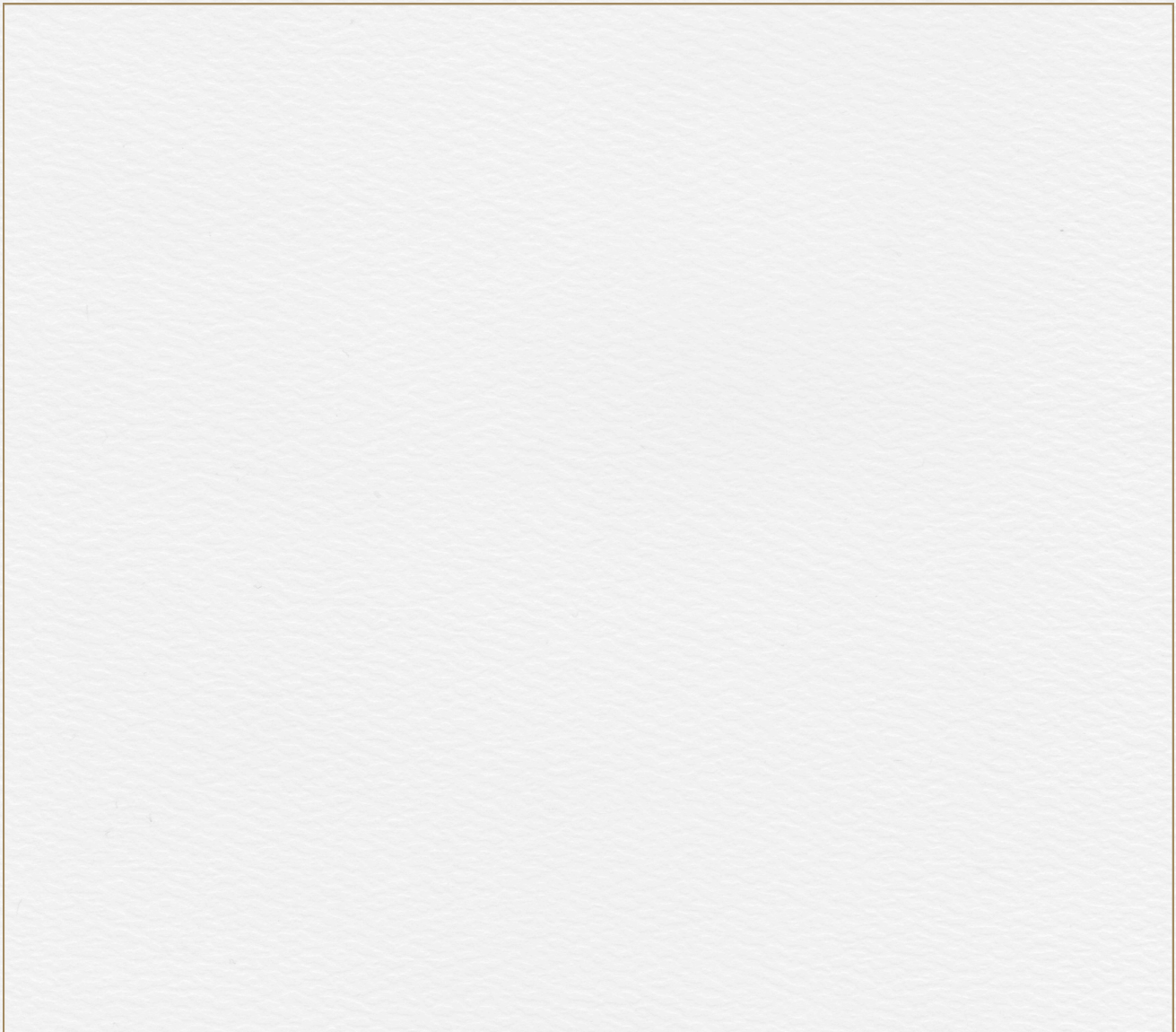
How can you reframe those beliefs to support your ability to receive with ease?

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SELF REFLECTION

RECODE

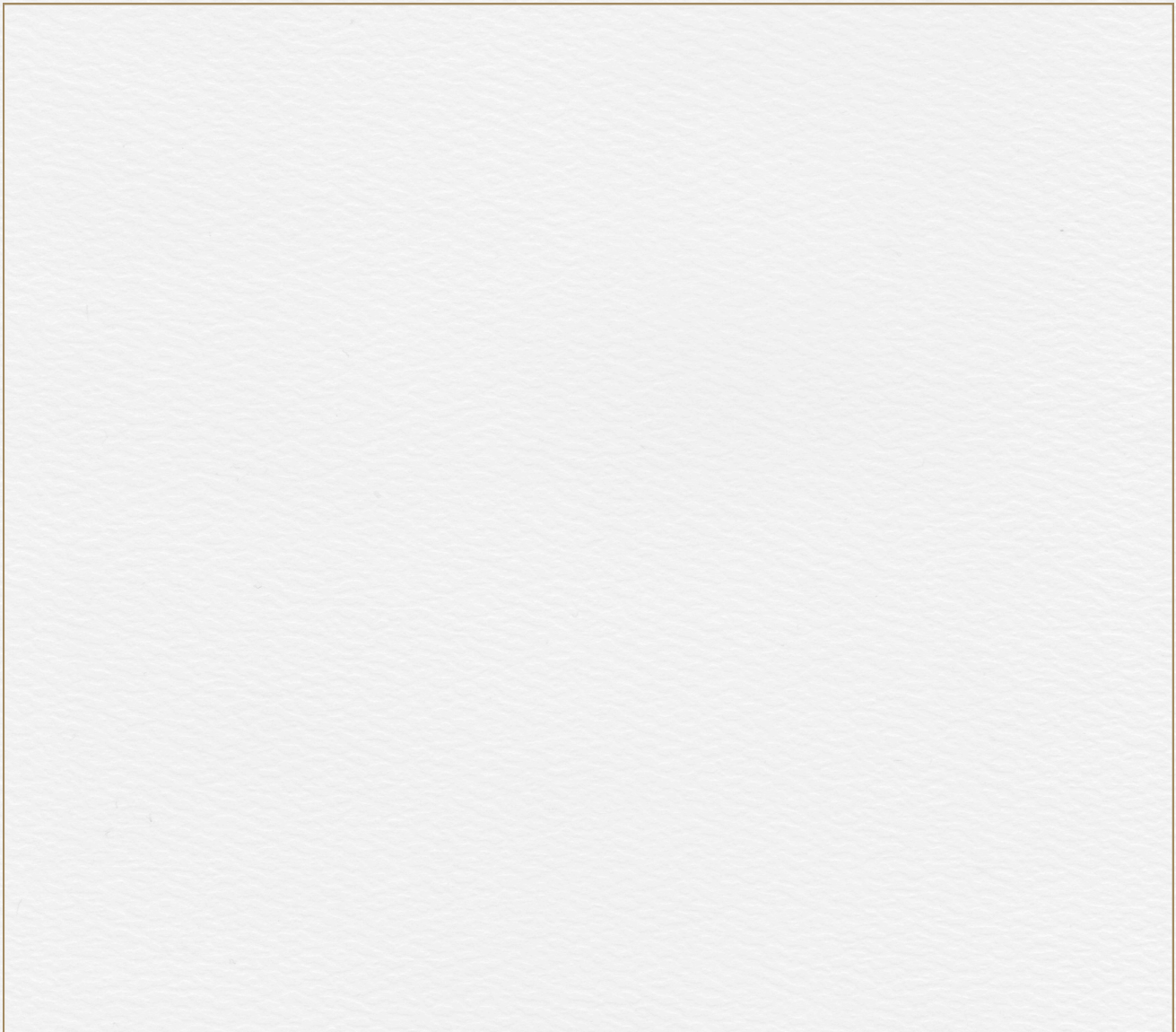
How would it feel to consistently allow yourself to receive without hesitation?

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SELF REFLECTION

RECEIVE

What is one thing you will allow yourself to receive today—without flinching?

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WHAT'S NEXT?

REFINE

You've just ignited your inner sun, cleared blocks, and aligned with the flow of abundance—congratulations on this powerful step! Now, it's time to amplify your journey to sacred wealth with personalized support from Sacred Wealth Coaching.

Our mission is to blend spiritual wisdom with actionable steps, empowering you to dissolve inner barriers and build a legacy of sacred service with global impact. Here's why continuing with coaching will inspire your next leap:

- **Deepen Your Alignment:** The Money Blocks Assessment uncovers and clears lingering barriers to wealth, aligning you with your unique abundance blueprint.
- **Embody Your Soul-Led Vision:** The Soulful CEO Program (6 weeks) guides you to lead with intuition and flow, creating a business that radiates your soul's purpose.
- **Manifest True Prosperity:** Through Sacred Money Actualization, we craft a personalized plan to align your mindset and strategies with boundless wealth.
- **Master Your Mission:** The CEO Systems Program equips you with systems to confidently lead your business, freeing you to focus on your sacred calling.

Your Destiny Awaits: Don't stop here—your abundant future is calling! Visit [insert your website, e.g., sacredwealthcoaching.com] to book your Money Blocks Assessment or explore our coaching programs. Step into your soul-led, prosperous legacy today!

WHY CHOOSE SACREDWEALTH.COACH?

Our mission is to empower you to clear inner and outer blocks to wealth, creating a foundation for a legacy of sacred service with global impact. Whether you're just starting or ready to scale, our programs offer personalized guidance to align your soul, business, and wealth with your divine purpose.

YOUR NEXT STEP

Ready to embark on a transformative journey toward your destiny of sacred wealth? Take the next step today by exploring how Sacred Wealth Coaching can support you. Visit www.sacredwealth.coach to schedule your Money Blocks Assessment or learn more about our coaching programs. Let's co-create the abundant, rewarding future you're destined for—starting now.